



**THE PAKISTAN SOCIETY
FOR THE WELFARE OF MENTALLY
RETARDED CHILDREN,
LAHORE**



**Annual Report
2020-2021**

54-A, BLOCK-J, GULBERG-III, LAHORE-54660, PAKISTAN.

☎: 092-042-35850913

CONDOLENCES

In the year 2020-21, the Pakistan Society for the Welfare of Mentally Retarded Children (PSWMRC) suffered tremendous loss including the demise of Justice (Retd.) Aamer Raza A. Khan, a founder member and President of the Society, Mr. Pervez Anwar Sheikh, Treasurer, and Dr. Surraya Yasmeen Shah, the Former Director of the Society. They served the Society with utmost commitment and dedication.

May Allah grant them the highest abode in Jannat-ul-Firdous and strengthen the bereaved families to bear this loss, Ameen.

Justice (Retd.) Aamer Raza A. Khan devoted fifty-seven years worth of his time, thought and energy in service of PSWMRC, first, as a member and, subsequently, as President for a period spanning over four decades with unquestionable fidelity. His leadership facilitated the Society in achieving new heights and become the foremost organization for the welfare of mentally handicapped children. While the era of our leader has concluded, his services will be remembered for times to come and the members of the PSWMRC wholeheartedly intend to serve humanity with absolute commitment as would Justice (Retd.) Aamer Raza A. Khan have done.



Mr. Pervaiz Anwar Sheikh served the Society for over 18 years. He was a member for 11 years and subsequently became treasurer of the Society for 7 years. He was, undisputedly, an asset for the society and his unwavering commitment to societal work and endeavors shall never be forgotten.



Dr. Surraya Yasmeen Shah joined the Society as a visiting psychiatrist whose dedication led the Executive Body of the Society to appoint her the Director of the Amin Maktab School in 1993. On the one hand, she played a critical part in team building and social interaction of the organization, and on the other, her love, affection and efforts towards the psychiatric care of handicapped children were vital to the proper running of Amin Maktab. The years she invested have been marked by unsurpassed efficiency and excellence and her memory remains an inspiration to us all.



THE PAKISTAN SOCIETY FOR THE WELFARE OF MENTALLY RETARDED CHILDREN, LAHORE

Office Bearers (2020-2021)

President:

Prof. Dr. Tasnim A. Raza

Formerly Professor of Anatomy, F.J.M.C., Lahore.

Vice President:

Ch. Arshad Nabi

Business Executive, Lahore.

General Secretary:

Prof. Dr. Joveria Manan

Formerly Professor of Pediatrics, Fatima Memorial Medical College, Lahore.

Treasurer:

Justice (R) Muhammad Farrukh Irfan Khan

Retired Judge, Lahore High Court.

Members Executive Committee:

Mr. Ahsan Raza

Rector, Ibne Sina College, Lahore.

Dr. Khalid Niaz Niazi

Orthopaedic Physician, Lahore.

Mr. S.E.I. Pervaiz

Social Worker, Lahore.

Mr. Anees-ur-Rehman

Vice Chairman, Special Olympics Punjab.

Dr. Rafia Shah

Paediatrician, Lahore.

Prof. Dr. Nausheen Raza

Principal, Sharif Medical College, Lahore.

Mr. Saeed Khan

Business Executive, Lahore.

Dr. Sumaira Raja

Rheumatologist, Lahore.

Mr. Shamshad H. Qureshi

Social Work Consultant, Lahore.

Ms. Farah Deebea

Social Worker, Lahore.

Ms. Huma Shah

Head, Legal Operational Advisory Services, HBL

Prof. Dr. Rakhshanda

Principal, Fatima Memorial Medical College, Lahore.

Mr. Khalid Khan

Business Executive, Lahore.

THE PAKISTAN SOCIETY FOR THE WELFARE OF MENTALLY RETARDED CHILDREN

54-A, BLOCK-J, GULBERG-III, LAHORE-54660, PAKISTAN. ☎: (042) 35850913

ANNUAL REPORT FOR 2020-2021

*"Those who give to charity night and day, secretly and publically, receive their recompense from their Lord, they will have nothing to fear nor will they grieve.
(Al-Quran 2:274)*

The Pakistan Society for the Welfare of Mentally Retarded Children (PSWMRC) has entered its 60th year of service for the **intellectually challenged children**. Initially established as a Special Education School in rented premises with 10 challenged children on its rolls, it moved to its own purpose built premises in Gulberg 3, in 1985, with facilities for 100 challenged children. In 2012 a new building was constructed on an adjoining plot for provision services to home based children. In the early 1990's we extended our services outside our premises and commenced our home-based Outreach Program. Later we initiated the concept of Inclusive Education in partnership with Street Schools of Lahore. In 2013 the Society commenced the Community Based Rehabilitation (CBR) Program.

The PSWMRC now has a **Staff of 62** and in addition **42 Teachers** in the **IE Schools** and **22 Community Resource Persons (CRPs)** and **2 Psychologists, 1 Speech Therapist, and 1 Academic Teacher** in the **CBR Program**, making a total of **126 Service Providers**. The emphasis now is on providing **home based and community based attention to intellectually challenged** in a cost effective manner.



Currently we are looking after **96 children** enrolled in our **Special School (Amin Maktab)**, another **215 children** are being attended at their homes under the **Outreach Program (ORP)**. Presently **518 children** have been secured placements in **42 Inclusive Education (IE) Schools** all over Lahore. Further **427 children** are being provided home based services under our newly introduced **Community Based Rehabilitation Program (CBR)**.

Ours has been a long and rewarding journey. Today, the Society is Pakistan's biggest NGO, in its field. It's pioneering **Amin Maktab, ORP, IE and CBR Programs** have, helped uplift the lives of thousands of our less fortunate sisters and brothers. It is heart-warming to see the feelings of hope, these efforts have generated.

We have now focused on **new initiatives** in order to expand the extent and quality of our cost effective home based services. These have generated a debate in the concerned sectors which hopefully will encourage adoption of similar services by other service providers.

Amin Maktab: a Special School presently has **96 special children**, on its rolls in **7 Class Groups** & in **13 Specialized Units**. The class groups are arranged keeping in view the mental and chronological age of the children and their personal abilities. The **Assessment and Re-assessments** of Special children of Amin Maktab is being done. **Parent-Teacher Meetings** and **Counseling Sessions** of parents and children are also arranged. The Teachers also work on the hygiene and daily living skills of the children.



Forty children are being given services from **Outstation** by the School Psychologist. They are also being provided guidance and counseling by visits and correspondence.

Referral Units: The Specialized Referral Units of PSWMRC now include **Assessment & Counseling Unit**, 2 **Language, Speech & Communication Skills Units**, **Physiotherapy Unit**, **Occupational Therapy Unit**, 3 **Vocational Units**, **Arts Unit**, **Autism Unit**, **Computer Unit** and **Sports Unit**. They have qualified and trained professional staff and apart from providing services to children enrolled in Amin Maktab, and ORP, IEP and CBR, these facilities have now also been made available to special children from outside our Institution. Our children regularly participate in the Punjab, Pakistan and World Special Olympics.

Challenged children referred from ORP and CBR are given **admission at Amin Maktab**. Some children get direct admission in Vocational Units as well as shifted from other Schools. The minimum age for admission is 5 and maximum is 10 years. Prior to admission, they are kept under observation, as regards their behavior, compliance, concentration, attention span, comprehension and learning ability. They are assessed by School Psychologists in terms of their IQ/Mental Age, functional level, potential, strengths and weaknesses. After Assessment and admission the Psychologists formulate the child's **Individual Educational Plan (IEP)** and place it in an appropriate Class Group.

The **Language, Speech & Communication Skills Units** are helping children to grow, learn and communicate. Three Speech therapists put their effort to catch up on speech and language delay. They try to give relief to the child and his family from stress.



In our well-equipped **Physiotherapy Unit**, 2 Physiotherapists help patients with physical difficulties resulting from illness, injury, disability or ageing to improve their movement. You will devise and review treatment programs using manual therapy (such as massage), therapeutic exercise and electrotherapy.



In our well-equipped **Occupational Therapist Unit**, children are helped to improve their ability to perform tasks in their daily living and working environments. The Occupational Therapist works with individuals who have conditions those are mentally, physically, developmentally, socially or emotionally disabling.



The Vocational Teachers help the children to make skillful improvements according to their aptitude and interest in our **3 Vocational Units**. These Units are working on **Stitching, Embroidery, Knitting, Block Printing, Fabric painting, Dough work, Khaddar work, Wood work and Rug making**. The children learn to make dupattas and kurtas, shirts, college bags, sofa backs, trolley sets, floor cushions, sofa cushions and bed sheets, scarves, sweaters, shawls, baby sets, baby blanket, apron sets, kitchen sets, bed sheets, table covers, pillow covers, wall hangings, purses and hand bags, foot mats & runners key chains, picture frames, tissue box, puzzles, toys, key holders, lipstick/pencil stand and block printed items, etc. These items are exhibited at our Annual Exhibition.



The **Art Therapy** is beneficial to special children as they are usually less capable to express themselves. It also improves their emotional, mental, and even physical status.



Due to increasing awareness, a **separate Autism Spectrum Disorder (ASD)** has been set up. Autistic children are attended individually and in groups. Forty children are attending the **ASD Unit**. Their parents are also guided and counseled on regular basis.



A **Class** has also been set up for **children with Cerebral Palsy** where they are being provided specialized attention.



The **Sports Unit** develops general physical fitness of special children and reduces anxiety & depression and increase positive self-esteem. They may be assisted to participate in various sports and competitions, nationally and internationally. Our 5 Students participated in National Games and won 13 Medals from Special Olympics.



The **Group Sessions** are also arranged at the Outposts and at Amin Maktab for those children who lack social skills, such as poor attention and concentration, lack of confidence and expression, restless and aggressive behavior, where they are counseled. Parents of children also need counseling, emotional support and guidance in terms of prevention, management and treatment of disability in general and how to manage their child.

The Training and Development Resource Centre for Childhood Disabilities (TDRC) was established at Amin Maktab in 1992, in order to train our staff and improve and extend the home based services. The experience gained is being shared with other agencies interested in providing home-based disability services. The TDRC **conducts intensive Training Courses and Seminars** on working with MR children. The Centre has designed and published **comprehensive curricula** for various activities. The **Training Courses and Workshops** organized by TDRC, are also attended by personnel from other NGOs, Government Organizations, Teachers of Inclusive Schools and regular schools, College students, parents and siblings.



Every Special Education Teacher or Psychologist before appointment in PSWMRC undergoes a **one year Teachers Training Course**. During training, emphasis is laid on developing good interpersonal relationships among staff members, theoretical and practical aspects of prevention, management and treatment of disability and counseling techniques used for special children and their families. **72 trainees** have **benefited** from this program and of them **27 are working** at Amin Maktab.

Internship Programs are regularly conducted by Psychologists and monitored by the director at Amin Maktab. This year Interns from B.S. (Hons.), Masters and Post Master level from Punjab University, Clinical Psychological Department, BNU, LCWU, UMT, KCU and Riffah University and various other Colleges completed their internships at Amin Maktab and its ORP, IEP and CBR Programs.

Six hundred **visitors** from different institutions came to Amin Maktab for observation and sharing of ideas. The work of the Staff with special children was appreciated by them. Workshops and lectures for Parents and Siblings are arranged at Amin Maktab regularly.

One Pediatrician is working voluntarily at **Mother and Child Health Advisory Centre (MCHAC)** at Amin Maktab and provides preventive and curative medical attention to the children and their families, and maintains the medical record of each child. Medicines are provided free of cost, and where required, investigative services are provided by the **Association of Fatima Jinnah Old Graduates (AFJOG), Behbood Association and Layton Rehmatulla Benevolent Trust Eye Hospital**. Children are also referred for indoor treatment and investigation to the **Children Hospital**.

We have continued our collaboration with **The EISAAR Trust**, by providing our premises and transport in the afternoon, for a **Literacy Program for siblings of Special Children, and their extended families** living in the Katchi Abadies around Amin Maktab, in classes from Nursery to Class-X, following the Syllabus of Punjab Textbook Board. There are **19 teachers** for **310 children** in different classes.



In addition the premises of PSWMRC are being utilized in the afternoon, for provision of **free non-formal education** from Nursery to Matric, to **310 non-school** going working children coming from nearby depressed areas. **In all we are now attending 1566 children all over Lahore.**

Our Staff has, as always, worked hard with dedication and earned the admiration of the children and their families. This is only half the battle won. The other half is accomplished by the families at the homes of these children, who are provided constant guidance and training.

Our staff includes 3 Directors, **8 Academic Teachers**, 13 Referral Specialists, 1 Volunteer Medical Consultant, Visiting Psychiatrist, School Psychologist/Coordinator, 13 Field Psychologists, 12 Counseling Aides, 22 CRPs and supporting staff, whose selfless efforts help us to look after over **1566 children** all over Lahore.

Outreach Program: Home based Outreach Services provided under the **ORP** initiative involve training of the family in the looking after of its challenged child, through **Mobile Teams**. Gradually, the concerned families are trained to "**do it themselves**". This is a cost effective alternative approach, to reach and rehabilitate homebound challenged children, for less costly compared to institution based services. **The ORP Teams**, each comprising of a **Psychologist and a Community Development Worker (CDW)**, attended **215 challenged** children and families at their homes.



Community based Rehabilitation Project (CBR): Our recently introduced **CBR Project**, a joint Project of **Pakistan Society for the Welfare of Mentally Retarded Children (PSWMRC) & Punjab Welfare Trust for the Disabled (PWTD)** is now spread across Lahore and is being implemented through 22 **Community Resource Persons (CRPs)** and provides home based rehabilitation services to 427 **special children** in 19 Outposts in different areas of Lahore. The Program is being replicated by two other NGOs in Lahore as well as in Faisalabad, Muzafargarh, Kot Addu after the training of Master Trainers at Amin Maktab. "Caring for Cannot Foundation" joined hands to support CBR Program. Effective services in the areas of Begumpura, G.T. Road, Dairy Farm and Cantt. made it possible to extend to the area of Mohlanwal, Multan Road which helped to create awareness among Parents and stake holders regarding children having intellectual impairment. **Disability work** in Pakistan continues to be "**Special Education**" oriented, catering mostly to school age children, **ignoring infants, out of school children and adolescents**. It is an accepted fact that, earlier the intervention, the more its effectiveness. Infants are the foundation of the community, and it is necessary to formulate responsive services to ensure that infants at risk receive intervention through '**head start**' or '**early start**' services. Such services can minimize the potential for developmental delays, and **reduce the overall costs** to the community. This also facilitates **early mainstreaming**, and the ability of the family to better meet the special needs of its child. Family members trained and supported by trained professionals, can play a pivotal role.



Inclusive Education (IE):The IEProgram is a new concept in Pakistan to provide education, and rehabilitation services in **normal schools** nearer the homes of challenged children and also develop awareness in the community. Special children, like other children have a right to receive education to promote their fullest potential and integration in society. The attitude of civil society in Pakistan towards challenged children is turning positive. However absence of adequate facilities exacerbates their problems. Inclusive Education recognizes the fact that all children are different and they learn at different paces and Schools and Teachers have to adapt, and accommodate in their schools children with different learning needs.



We initiated the **Inclusive Education (IE)Program** and now in collaboration with **42 Street Based Schools** all over Lahore have made available placements for **518 challenged children** in these Schools, who now integrate with normal children. The approach also creates public awareness and encourages community involvement. In order to expand the reach of **Inclusive Education**, the Society has a **participatory relationship** with the **Punjab Welfare Trust for the Disabled**, and the **United Trade and Patent Services (UTPS)**.



Chief Minister, Mian Shahbaz Sharif **acknowledged** the concept of Inclusive Education and directed the Government to introduce the system in Government and PEF Schools, and a start was made, the only approach which can provide services to a larger number of our challenged children nearer their homes.

We provide training to the concerned Teachers at the Inclusive Schools and continuously monitor and evaluate their working. An Inclusive School is able to recover only a part of its recurring expenses and shortfalls are met by PSWMRC, PWTD and UTPS. The approach is helping setting up of more such facilities, which with the passage of time will hopefully create public awareness and community involvement in welfare activities for challenged children.

The **new Building** adjacent to Amin Maktab completed at a cost of over Rs. 450 lakhs, is specifically dedicated for activities related to the Outreach Program, Inclusive Education Program and the Community Based Rehabilitation Program.

The Computers are used as an assistive technology for special children to improve their eye-hand coordination. The efforts are made for job placement of special children in computer field.



We have been able to **computerize** our system, which has made the monitoring and evaluation of our work more effective. This has had a multiplier effect on the quality of our services and made our interventions cost effective.

The Society provides **free pick up and drop facilities** to the children and the Staff and the fleet now comprises of a Bus, 7 Vans, 7 Mini Vans and a Jeep.

In order to continuously and properly **monitor and evaluate work**, dedicated Supervisors separately look after **ORP, IE** and **CBR**. The Director and Principal are in over-all control of the working of the Staff. Over the past few years the working of the Society has been **systematized** and record keeping is now fully **computerized**.

Over the past 60 years the Society has progressed from a small special education school to a larger multi-purpose Institution. In **1984 there were only 40 children** in the School. In **2021 we are looking after over 1566 children** i.e. a **40 times increase**. In **2020-2021 the annual recurring expenditure will be over Rs. 450 lakhs** which is partly met out of donations, received by the Society. The Society will be attending nearly a fifth of all intellectually challenged children receiving care in Lahore, making it the largest NGO serving challenged children in Pakistan.

The PSWMRC has been strongly affected by the hazards of **pandemic COVID-19**, our community projects kept on working with all SOPs and families were in contact through phone calls and on-line meetings. Financial assistance was provided to families hit by the pandemic.

But for the continued encouragement and support of our many generous donors, all this could not have been possible. Our donors' generosity has enabled us to continue to expand our efforts for the intellectually challenged children and their families. May God accept their offerings and reward them many times over.

Donations made to the Society are exempt from incidence of full income tax, and may kindly be sent by cheques to the address of the Society.

On behalf of the Society, the children and their families, we thank our donors and supporters for all that they have done for us. Their kindness has brought happiness and hope to many of our less fortunate children and their families.

March, 2021

Prof. Dr. Tasnim Raza
President, PSWMRC.

Donations made to the Society have been exempted
under Section 2(36) and Section 159 of the Income Tax Ordinance. 2001
read with Rule 214(3) of the ITR, 2002
Vide No. J.189.2008 dated: 10.7.2008 by CIT, E&C, Division-I, RTO, Lahore.

FACULTY

AMIN MAKTAB (SCHOOL) ORP & CBR INCLUSIVE EDUCATION

AMIN MAKTAB SCHOOL:

Director:

Ms. Tahira Shahid M.A. (Political Science)

Assessment, Counseling & Programming:

School Psychologist. Ms. UMBER IMRAN, M.Sc. (Applied Psychology),
Coordinator: M.A. (Special Education)

Academic Department

Ms. Rahat-ul-Ain Bushra	M.Sc. (Applied Psychology), ADCP (Clinical Psychology)
Ms. Shaheen Raees	M.A. (Islamiat), B.Ed.
Ms. Zahida Tariq	M.Sc. (Psychology), B.Ed.
Ms. Sadia Umair	M.Sc. (Applied Psychology)
Ms. Amna Saeed	M.Sc. (Psychology)
Ms. Shumaila Ashraf	M.A. (Special Education)
Ms. Ayesha Anwar	M.Sc. (Applied Psychology)

COMMUNITY PROJECTS

ORP & CBR FACULTY:

Director:

Ms. Farzana Razi

M.Sc. (Psychology), ADCP (Clinical Psychology)

Psychologists:

Ms. Tanveer Anjum

M.Sc. (Psychology)

Ms. Tayyaba Faisal

M.A. (Special Education)

Ms. Naila Nazir

M.Sc. (Applied Psychology), M.A. (English Literature)

Ms. Farah Azhar

M.Sc. (Psychology)

Ms. Sana Qureshi

M.Sc. (Psychology)

Ms. Uzma Ijaz (CBR)

M.Sc. (Psychology)

Ms. Nafeesa Khan (CBR)

M.Sc. (Psychology)

Counseling Aids ORP.CBR

Ms. Uzma Nadeem

Ms. Shabnan Kauser

Ms. Safia Yasmen

Ms. Mehwish Khan

Ms. Saamia Khurram

INCLUSIVE EDUCATION FACULTY:

Director:

Ms. Khawar Sultana

M.Sc. (Applied Psychology), ADCP (Clinical Psychology)

Psychologists:

Ms. Sofia Qureshi

M.Sc. (Psychology)

Ms. Nuzhat Rubab

M.Sc. (Psychology)

Ms. Tanzeela Abid

M.Sc. (Applied Psychology)

Ms. Sadia Yousaf

M.Sc. (Psychology), Dip. (Clinical Psychology)

Ms. Shahida Noreen

M.Sc. (Psychology)

Ms. Kainat Munawar

M.A (Special Education)

Counseling Aids:

Ms. Wakeela Bano

Ms. Kausar Perveen

Ms. Ayesha Khan

Ms. Afshan Kausar

Ms. Fareeha Amir

Ms. Saman Batool

REFERRAL UNITS

Communication Skills & Speech Therapy

Ms. Ghalia Tariq	M.Sc. (Applied Psychology)
Ms. Humaira Maqsood	M.Sc. (Psychology), Dip. In Speech & Language Therapy
Ms. Nadia Khalid	M.Sc. (Applied Psychology) Dip. In Speech & Language Therapy
Ms. Maryam Maqsood	B.S (Speech Therapy)

Art Therapy

Ms. Riffat Tariq	M.A. (Fine Arts)
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Autistic Spectrum Disorders (ASD) Therapy

Psychologist:	Ms. Huma Naveed, M.Sc. (Applied Psychology)
Counseling Aide:	Ms. Zamurrad Saeed

Physiotherapy

Ms. Barasham Batool	B.Sc. (Physiotherapy)
Ms. Venus Johnson	Dip. (Physiotherapy)

Occupational Therapy

Ms. Rabia Kanwal	B.Sc. (Hons.) Occupational Therapy
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Sports Training

Ms. Asma Manzoor	F.A.
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Vocational Training

Ms. Inam Kubra	B.A.
Ms. Aasma Sardar	B.Com, Dip. (Gems & Jewelry, Art & Craft)

Medical Consultants

Psychiatrists:	Dr. Suriyya Yasmeen Shah, M.B.B.S. (Pb); DPM&N (KSU)
	Dr. Waqas Ahmed Sheikh, M.B.B.S. M. Med (Psychiatry) Zambia
Hon. Pediatrician:	Dr. Salamatullah, M.B.B.S., DCH, MCPS, MPH(Pb)
Hon. Orthopedic Physician:	Dr. Khalid Niaz Niazi, M.B.B.S.

Admin & HR Department

M. Sohail Ghaffar	M.B.A
Mr. Naeem Ahmad	M.Com
Mr. Najam-ul-Hassan	B.Com, C.A Articles

Computer Department

Ms. Roubina Kausar	MS Computer Science, Dips.
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Mr. Jarrar Hussain joined the Society in 1992 as a Staff Officer and retired in February, 2020. He worked very hard, his precious contributions towards the Society will always be remembered.



Recurring Expenditure for the years 2012-2021
(upto28TH February 2021)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Salaries - Amin Maktab	9,418,870	14,356,625	15,280,055	15,291,618	15,097,019	15,456,457	15,722,732	16,682,482	16,286,792	10,290,691
Salaries - ORP	10,173,766	7,337,865	7,757,046	8,090,181	8,831,774	9,326,571	9,767,871	10,005,317	10,297,063	6,852,440
Salaries - IEP	574,255	605,875	654,394	619,814	791,960	1,021,272	1,396,500	1,498,500	2,728,100	1,524,500
Stipend CBRP	-	-	1,027,971	1,924,745	2,253,628	2,661,303	3,093,904	3,760,240	4,175,965	2,840,750
Honorarium to Staff	406,812	521,156	153,545	172,500	222,000	221,100	208,400	196,000	298,900	102,000
Literacy Program	1,518,874	2,605,782	2,979,782	2,723,699	3,474,757	3,223,730	3,506,861	3,002,089	-	-
Gratuity to Staff	846,011	545,655	407,723	1,496,077	268,000	249,505	0	269,941	1,361,002	327,914
E.O.B.I. Contribution	232,400	247,890	276,400	264,000	1,391,430	263,600	250,000	237,600	232,800	183,840
Staff Welfare	82,390	74,890	73,900	73,500	73,600	67,500	72,400	73,200	73,800	23,800
Seminars.Workshop.Training	9,740	15,500	-	235,000	-	-	-	-	-	-
Motor Running School Vans (Fuel)	2,643,003	3,100,476	3,176,720	2,462,372	2,125,549	2,071,934	2,674,002	3,155,722	2,884,903	1,312,738
Motor Repair & Maintenance	165,987	343,795	520,587	589,293	555,974	506,399	617,327	582,051	594,624	663,609
Rent, Rates & Electricity	289,144	300,031	435,745	513,032	439,156	524,307	377,111	436,407	406,578	134,666
Printing & Stationery	95,844	92,086	81,235	67,227	110,861	62,998	59,734	94,439	99,400	20,628
Telephone	73,119	73,072	71,280	64,110	74,570	84,730	62,300	43,500	39,650	19,750
Building Repair & Maint.	446,802	231,665	297,698	1,103,164	345,667	227,136	302,468	311,008	274,886	144,880
Furniture.Equipment Repair & Maint.	168,833	164,000	182,410	105,005	199,024	147,200	155,138	164,150	116,050	19,000
Postage	18,735	17,887	40,409	3,399	44,327	13,460	15,858	31,506	14,345	-
Facilitation to Mustehaqeen	98,203	87,967	80,735	72,148	75,789	60,905	62,121	65,558	65,053	23,585
Printing of Brochure	55,200	69,600	157,200	88,800	-	-	-	53,600	64,300	-
Vocational Expenses	82,447	-	46,375	35,900	75,357	33,000	5,880	45,350	-	-
Medicine & Medical Supplies	51,296	-	130,764	95,068	139,804	216,447	121,119	162,960	90,306	158,095
Entertainment	19,722	17,400	17,095	5,104	35,613	5,500	16,898	11,693	52,513	142,45
Bank Charges	4,762	6,584	7,431	11,032	11,093	-	10,501	3,437	3,399	2,516
General.Misc..Sundries	217,972	131,744	116,392	132,051	147,788	11,049	134,010	166,232	181,303	98,693
Rehabilitation Appliances	-	-	-	-	-	-	-	-	-	-
Internet Cable	10,000	8,989	12,890	11,620	14,100	7,606	26,843	19,886	29,161	22,400
Donation Paid	5,000	-	-	-	-	-	-	-	-	-
Depreciation	-	-	-	-	3,426,860	3,070,213	3,206,077	3,351,107	2,950,702	-
Miscellaneous Expenses	-	-	-	-	147,788	71,444	-	-	-	-
Loss on Encashment of Investments	-	-	-	-	-	-	4,898,430	22,694,255	8,591,357	-
Golden Jubilee Celebration	180,183	-	-	-	-	-	-	-	-	-
With Holding Tax	9,249	55,766	14,538	2,912,929	6,870,467	145,031	8,142,629	-	-	-
Property Tax	3,567	-	-	-	-	-	-	-	-	-
Total (Rupees):	27,902,186	31,012,300	34,000,320	39,163,388	43,669,307	39,655,366	46,582,824	67,118,230	51,912,952	24,766,495

(Extracted from Audited Statements of Accounts)

SOME REFLECTIONS

Mother Teresa

Love one another. As God loves each one of you. God bless you.

S. Anwar-ul-Haq, Chief Justice of Pakistan.

I have spent a very rewarding morning at the Amin Maktab. It was a heart-warming experience to see the devotion and love of the teachers for their pupils, without which these children could not at all develop their faculties.

Deng Piofang, Chairman, China Disabled Person's Federation, Beijing, China.

Thank you for bringing love and help to the most difficult families and children.

I.A. Imtiaz, Secretary-General, INFAQ Foundation, Karachi.

Amin Maktab is undoubtedly one of the best-run institutions of its type that I have seen anywhere, any time. It is not only located in beautiful surroundings, housed in a beautiful building, but it is also well-managed and well run. The institution was lucky to have someone like Mr. Yaqub Shah as its founding father, but I think it is equally lucky to have someone like Justice (R) Aamer Raza, as its dynamic President. I wish Amin Maktab all success and good luck.

Dr. Nabiha W. Hasan, Principal, Fatima Jinnah Medical College for Women, Lahore.

Visiting Amin Maktab was a heart-warming experience. This project deserves more than praise and good wishes. It deserves unflinching moral and material support of the society, which it is serving with such dedication and compassion.

M.P. Bhandara, M.N.A. Rawalpindi.

Amin Maktab is the most outstanding institution of its kind that I have seen in Pakistan. In point of fact it appears better equipped and organized than similar institutions seen by me in U.K. and U.S.A.

Justice Mohammad Farrukh Irfan Khan

An excellent state of art facility. Most impressive thing is that it is being run by very dedicated and enthusiastic staff. Duas for its continued success and progress.

Matloob Inklabi, Minister Education, AJK.

I have visited this School today, as I got information about the Institution while finding a School for my daughter. I found this Institution very good Specially focusing the disabled to make them able. I met Justice (Retd) Aamer Raza and Dr. Yasmeen Shah, Director and found them very focused and dedicated. We shall share this skill for AJK as well. I wish all the best!

Shafqat Bokhari, Infaq Foundation.

My association with Amin Maktab goes back to early sixties. It is always a thrill to return to Amin Maktab and see with your eye the heavenly job being done here.

Salman Farooqi, Director General, Special Education, Islamabad.

A very rewarding visit for me and my colleagues. This institution is perhaps the most outstanding in the field of mental retardation. Highly motivated and committed staff members, under inspiring leadership are achieving excellent results, which we would like similar institutions to follow.

Fakhar-un-Nisa, Principal, Fatima Jinnah Medical College for Women, Lahore.

It was given me real pleasure to visit Amin Maktab today. I had heard a lot about this institution, but seeing the students and dedicated teachers is entirely different. This is real good work.

Mahmud Ahmad, M.D., National Zakat Foundation, Islamabad.

It is a wonderful organization, which is run and organized by people of high dedication and devotion. I am pleased to visit it today. Such organizations are the backbone of our Society and

should be encouraged by us so that more and more persons are attended.

Dr. Balbir Singh, *President, Down Syndrome International, Singapore.*

I am extremely impressed with the high quality services offered by your highly motivated staff. Your center compares with most in the developed world. Wishing you the very best, and keep up the excellent work.

Prof. Dr. Rafia Hassan, *Department of Applied Psychology, University of Punjab, Lahore.*

It was indeed a very pleasant experience to see how this institution has moved forward in the last few years towards offering services to the mentally retarded through dedicated workers. With continued support from the community and the professionals, we hope, this work will bear fruit.

Judith Coupe, *Headmistress, Melland School, Manchester.*

This school reflects high professional educational standards. The atmosphere is very good and for my second visit I am greatly encouraged that the school is continuing to develop so well.

Francis Stanley, *Rockdale, England.*

I found the visit extremely thrilling because the expertise and commitment shown at Amin Maktab offers the potential for great influence on other teachers and establishments. I was very impressed by the Outreach Programme and most importantly the ethos, which emanates from leadership. I learned from my visit.

Geert J. Edelerbosch, *UNICEF, Islamabad.*

Thanks for the extensive briefing about the most useful work you are doing in Lahore and in particular in Katchi Abadies. It's hoped that many other NGO's will be attracted by your concept and that you may guide them when possible.

Dr. Naseem Dil, *Professor, Special Education, University of Nevada, U.S.A.*

This is the best special education programme that I have seen in Pakistan. In addition to the superior quality of the academic programmes, and cleanliness, the building is very well maintained. The Outreach.Home Visitation Programme needs to be modeled after, by other special education organizations.

Rashid Ahmad, *Director, Special Assignment, UNESCO, Paris, France.*

My wife and I were immensely impressed by the dedication of the staff to the noble cause of helping the lesser fortunate children. We wish the staff of the Maktab lots of success in their endeavors.

Berit Veghein, *The Norwegian Ass. of Disabled People, OSLO.*

Thank you very much for sharing your experiences with the Outreach Program with me and for showing me your nice Centre.

James Robinson, *Royal Hospital for Sick Children, Edinburgh, Scotland.*

I am very impressed by all the work done here. The Outreach services are especially interesting to me. I have learned a great deal in my short visit, which I hope to put to good use with our own Pakistani families. Thank you and may your work continue to strengthen and grow.

Mohammad Fazil Cheema, *Director, Special Education, DGSE, Islamabad.*

Amin Maktab is delivering very commendable services and this is all due to commitment of its leadership and team. Amin Maktab is providing its services with very innovative ideas.

Iram Qazi, *Lahore School of Learning, 5-H, Gulberg-III, Lahore.*

The first impression was one of cheerful activity, warmth and a busy happy place. We were amazed with the wide range of activities going on. Most impressive is the patience of the staff, which has obviously contributed to the happiness of the children.

Fauzia Rahman, Consultant WB.AAA for NPA-Disabled Persons, Pakistan.

Thank you Dr. S. Yasmeen Shah and the team for very useful discussions on the subject disabilities particularly the prevention aspects. I am impressed by your good work and wish you expand your work further. Your inputs would be very useful for our work on NPA.

Dr. Khawaja Khan, Chairman, Kado Karimabad, Hunza.

Pleased to visit a very good institute in Pakistan working for Special Children. Excellent work you are doing. A learning Institute for others who are working for Special Persons.

Nana Gobe, Managing Director, Frenz der Grech House Bench, Germany.

Thanks for your most impressive pioneer work for the best of the children.

Major Mumtaz H. Hashmi ®, Speech Therapist, Dept. of Special Education, Punjab University.

Amin Maktab is an institute of standing. It is a trend setter. I wish all the success and good speed.

Shenaz Ahmad, Phd., University of Leeds, UK. 21.8.08

This is an extremely valuable organization which provides services that are invaluable for such needy children. Thank you for allowing us to access parents of these children for our research!

Mehwish Wakeel, Psychologist, Govt. Special Education Centre, Nishtar Town. 2.2.09

I have found this place a very competent and professional with all facilities that a perfect institute should have. I am privileged to visit here.

Dr. Shaheen Pasha, Chairperson, Dept. of Special Education, University of Education, Lahore.

2.2.09

It is a world class institute. Excellent work and efforts by staff. Well-done, keep it up.

Brig. Mohammad Fiaz Iqbal, Army Special Education School, Bahawalpur. 17.5.10

Amin Maktab is well organized school. Looking after the MR children very well. Teachers are dedicated, hardworking and well qualified. My message is "If you can't hold the children in your arms, hold them in your hearts".

Dr. Mohammad Waqar Azeem, Medical Director, Albert J. S. Center, USA. 20.12.11

I am extremely impressed by your staff dedication, passion and facilities; you do an amazing work with children and families. Thank you for all your work with these children in need for Pakistan.

Akhtar Abbas, President, Ghazali Education Trust. 2.2.12

You are blessed people serving, designing and making lives comfortable of those who even cannot say a word of thanks. May Allah bless you.

Abdul Shako, G.M. Administration, LRBT Central Office, Karachi. 16.2.12

An excellent set up for the special children. The management and staff is well motivated to take care of the special children. May God bless you for the good work in the life thereafter.

Uzma Sami, Head Teacher (DEAF Reach). 29.11.12

I really like it. Teachers are working hard and students are working well. All Staff Members are nice, cooperative and hard working and their working making useful member of MR students.

Dr. Shakil Salam, Presenter, Health Program, Ummah Channel, UK. 17.6.13

It is amazing to see a wonderful project, fantastic & excellent team. Would like to support the work, Inshallah.

Dr. Faria Khan, Consultant in Child Psychiatry, The South Asian Autism Group, UK. 4.11.13

I am amazed to see such a well organized and well coordinated project running in Lahore for Disabled children. The Teams enthusiasm and dedication is commendable. Leadership skills have

taken this project forward to great heights. I will InshaAllah support this project in every possible way.

Bulbul Jan, Chief Executive Officer, Mehnaz Fatima Educational & Welfare Organization, Gilgit. 29.5.14

A great learning opportunity and pleasant moment to see the great work being done for the most disadvantaged segment of the Society. Thanks for supporting our Staff through capacity building programs.

Shahid Saleem, Project Director PIEP. 12.1.16

Amin Maktab is doing wonderful job by serving Mentally Challenged Children, especially focusing individual child and Parent Counseling, Vocational training.

Shafqat Bokhari 19.1.16

My association with Amin Maktab goes back to early sixties. It is always a thrill to return to Amin Maktab and see with your eye the great job being done here.

Abdul Hakim 15.2.18

Found the Institution an ideal in Pakistan. Need their services in inclusive education in Gilgit-Baltistan.

Sara Asad, Lecturer, Kinnaird College. 28.2.18

The best institute with reference to special education I have visited so far.

Dr. Shazia Wasim, Dental Surgeon. 17.3.18

I am surprised to see the work that is being performed by the wonderful and amazing staff members, and also I am feeling proud to have an institute like "Amin Maktab" in my country.

Dr. Fatima Sattar, Dentist. 17.3.18

Its an amazing setup, the working is so organized. All my prayers are for the strong people running this organization.

Ms. Almas Butt, Director, SOS Lahore. 11.4.18

This is my first visit. I am speechless, the kind of work that is being done is first amazing. Good luck & God bless.

Mrs. Sajida Ali, Director, Pakistan Centre for Autism, Karachi, mrsali@live.com. 25.4.18

I am happy to visit Amin Maktab a very big and prestigious institute who is serving from many years. Best wishes for you.

Muhammad Ali Khan, Social Welfare Training Institute. 7.9.18

Really it is an amazing experience to visit this institute. It really motivates our group to initiate such institute with the help of pvt institute.

Dr. Surraya Batool, Senior Lecturer, University of Sargodha. 29.9.18

It was a wonderful experience full of learning and motivation to serve these challenged children. We are very thankful to the administration and other staff for providing a true learning experience to our students. We wish to come and learn from your esteemed institute in future also.

Huma Mir, Consultant, Education Monitoring & Evaluation. 12.11.18

It is always amazing to visit Amin Maktab and see all the efforts of this organization. I practically see a dedicated and committed team behind all the success stories. My all wishes and prayers for the team and progress of Amin Maktab ahead.

Asma Liaqat, Principal, Syeda Khatoon-e-Jannat Special Education Centre Faisalabad. 12.11.18
It is a wonderful experience to visit here at very first time. I am really very impressed by vocational work and discipline here.

Syed M. Sharjeel, Admin & Finance, Syeda Khatoon-e-Jannat Special Education Centre Faisalabad. 12.11.18

I am so happy from Amin Maktab, Thanks. Allah bless you.

Capt. (Retd) Muhammad Usman, D.G., Punjab Food Authority. 3.4.19

Such a pleasure to visit & see the excellent work being done here. Remarkable effort, indeed!

Shamaila Aslam, Autism Specialist. 8.10.19

Uzma Aslam, Business Specialist.

Owais Sheikh, Engineer & Speical Parent.

It was lovely visiting here & we are very impressed by the work that you are doing & developed a unique place that is most needed. We will be back soon InshaAllah & contribute hopefully.

Arzoo Malik, Consultant Inclusive Education, Montreal Canada. 14.11.19

Wonderful Projects and School. Keep it up.

Javed Hamid, Director (Retd), World Bank Group, Washington DC USA. 16.11.19

This institution is an inspirational place demonstrations what can be accomplished with the dedication of people who care!

Mother Teresa Sisters, Caring for Marginalize. 8.2.20

We sisters and helpers and volunteers appreciate a lot the wonderful work you are doing in this center we discover within these few days that Amin Maktab have very good staff and generous administration who are ever ready to share their knowledge with others. May God bless and reward you. We are very satisfied with what we learn from you. Sincere thanks.

Dr. Keung-chul (Mathew) Jeong & Mrs. Eun-Sook (Sue) Lee, CEO of TSA, Lahore. 10.11.20

Very precious and beautiful indeed.

Moonal Shahab & Team, Civil Services Academy. 8.3.21

We are very inspired to see such a faculty which caters to all activities under one roof. Motivated staff.faculty and tools. We are all very inspired. Thank you.

Dr. Ahmad Awan, Rehab Specialist & Chairperson. 13.3.21

Excellent services offered. Observed staff dedicated and professional.



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Charity in Islam

- Charity is one of the pillars of Islam. Islam allows an individual to earn as much as he can, but he must give some of it for the welfare the less fortunate.
- The importance of Charity is apparent from the opening verses of the Qur'an.

“Alif, Lam, Meem. There is no doubt that this Book provides guidance only to those persons, who fear Allah, and they are.....”

Who have faith in Allah....

Who perform Infaq (Charity) in the way of Allah, from what Allah has given them.

- After faith in Allah, comes Charity, which indicates, its importance.
- Allah has declared Charity as an act that best pleases Him.

Charity has two forms:-

- **Zakat:** Which a two and half percent payment annually on assets of a person, having a prescribed financial status. Others are exempted.
- **Infaq:** Which is compulsory for all. The amount is not fixed and is left to the option of each person, who would give, what he can afford.
- Some relevant Ayats from the Qur'an are as under:

“Virtue is in that a person should spend his money as Infaq in the love of Allah, for helping his relations, orphans, poor travelers, and those who seek help.....”
(Qur'an 2:177)

“People ask you how much they should give as Infaq. Tell them, they should give, what they can afford....”
(Qur'an 2:219)

“Paradise..... is for those, who perform Infaq when they are well to do and also when they are in financial difficulties.....”
(Qur'an 3:133)

“No virtue of yours will be rewarded unless you perform Infaq and give in the way of Allah things which you consider valuable to you.....”

(Qur'an 3:92)

- Allah has declared Charity as an act that best pleases Him.

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Donations and Zakat can be sent in cash or by cross cheque in favour of
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Just call at: **042-35850913 or 042-35860365**

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